

**Section I: Patient Information** (please print clearly) - ALL INFO REQUIRED

Full Name: \_\_\_\_\_  
 Gender: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
 Last 4 of SSN: \_\_\_\_\_ Phone: \_\_\_\_\_  
 E-mail: \_\_\_\_\_  
 Relationship:  Participant  Spouse

**Spouse's Information** (if applicable):

Full Name: \_\_\_\_\_  
 Last 4 of SSN: \_\_\_\_\_

**NOTE:** Biometric screening data and lab work must have been collected between **October 1, 2022** and **September 30, 2023**. Completed Biometric Screening Forms must be received by the Fund Office no later than **September 30, 2023**. *Biometric Screening Forms are only required if you wish to enroll in, or remain enrolled in, the best medical plan available to you. If you have a spouse who is covered under your benefit plan, he/she must also complete a Form.*

**Section II: Biometric Screening Data and Lab Work completed between October 1, 2022 and September 30, 2023 - ALL INFO REQUIRED**

Biometric Screening Data:

Date of Collection   
 Height (inches)   
 Weight (pounds)   
 Blood Pressure (Systolic)   
 Blood Pressure (Diastolic)

Lab Work:

Date of Collection   
 Total Cholesterol   
 HDL Cholesterol   
 LDL Cholesterol   
 Triglycerides   
 Glucose   
 A1C (if indicated)

Is the patient currently fasting? \_\_\_\_ Yes \_\_\_\_ No

Physician's Name \_\_\_\_\_ Physician's Phone \_\_\_\_\_

Physician's Signature \_\_\_\_\_ Date \_\_\_\_\_

**Section III: Preventive Screenings Completed? - CHECK ONE OPTION BELOW (SCREENINGS NOT REQUIRED):** YES NO N/A

Pap Smear (within last 3 years; for women age 21 or older)	_____	_____	_____
Mammogram (within last 1-2 years; for women age 40 or older)	_____	_____	_____
Prostate Cancer Screening (for men age 45 or older with family history)	_____	_____	_____
Colorectal Screening, (men and women over 50), Fecal Occult Blood Test, or Colonoscopy	_____	_____	_____
Does the patient smoke/chew/use tobacco products?	_____	_____	_____

Please return completed form, signed by the physician, to the Fund Office by **September 30, 2023**: (Keep a copy for your records)

Mail: 3031 B Walton Road Plymouth Meeting PA, 19462

Fax: (610) 941-9602

Email: [OpenEnrollment@UFCW1776benefitfunds.org](mailto:OpenEnrollment@UFCW1776benefitfunds.org)

*\*The Fund Office will notify you via e-mail or letter when your Form is received and/or if further action is required.*

**Questions? Call the Fund Office at 610-941-9400, ext. 107**