UFCW LO. 17	76 & PART.	EMPLOYERS	RETIREMENT	AND SAVINGS
PLAN				

525079-01

Participant Information				
Last Name First Name MI	Social Security Number			
(The name provided MUST match the name on file with Service Provider.)				
,				
Address - Number & Street	E-Mail Address			
City State Zip Code	Mo Day Year			
() Daytime Phone	Date of Birth			
Payroll Information				
Payroll Center Name	Payroll Center Number			
Division Name	Division Number			
Direct Rollover Information				
Current Plan Administrator must authorize by signing in the Requ	ired Signatures section.			
Previous Plan Administrator must sign this form if Designated Ro	th Account is being directly rolled over.			
I am choosing a:				
Direct rollover from a:				
Qualified 401(a) plan (Profit Sharing, ESOP or Money Purch	nase)			
Qualified 401(k) plan				
□ Non-Roth: \$ (all contributions and ear	nings, excluding Roth contributions and earnings)			
□ Roth: \$ (employee contributions and earnings)				
Previous Provider Information:				
Company Name	Account Number			
Mailing Address				
Ott./Obsts/7in Ossis	() Dhana Numhar			
City/State/Zip Code	Phone Number			

Last Name	First Name	MI	Social Security Number			
Previous provider must complete:						
Employer/employee before-tax contributio	ns and earnings: \$					
Note: Unless otherwise indicated, all amounts received will be considered employee before-tax contributions and earnings.						
Previous Plan Administrator must provide the following information for Designated Roth Account Rollovers:						
Roth first contribution date:						
Roth contributions (no earnings): \$ Roth earnings: \$						
Previous Plan Authorized Plan Administra	tor/Trustee Signature	Da	ate			
A handwritten signature is required on significant delay.	this form. An electro	nic signatu	re will not be accepted and will result in a			

Amount of Direct Rollover: \$_____(Enter approximate amount if exact amount is not known.)

Investment Option Information - Please refer to your marketing communication materials for investment option designations.

I understand that funds may impose redemption fees on certain transfers, redemptions or exchanges if assets are held less than the period stated in the fund's prospectus or other disclosure documents. I will refer to the fund's prospectus and/or disclosure documents for more information.

Select either existing ongoing allocations (A) or your own investment options (B).

(A) Existing Ongoing Allocations

□ I wish to allocate this rollover the same as my existing ongoing allocations.

(B) Select Your Own Investment Options

Please Note: For automatic dollar-cost averaging, access our Web site after funds have been received.

INVESTMENT OPTION			INVESTMENT OPTION			
NAME <u>TICK</u>	ER CODE	<u>%</u>	NAME <u>TICKE</u>	R CODE	<u>%</u>	
American Funds 2010 Trgt Date Retire R6 RFTT	K RFTTX		Delaware Small Cap Core R6 DCZRX	DCZRX		
American Funds 2020 Trgt Date Retire R6 RRC1	X RRCTX	۲	Vanguard Small Cap Index Adm VSMAX	VSMAX		
American Funds 2030 Trgt Date Retire R6 RFET	X RFETX		Vanguard Mid Cap Index Fund - Admiral VIMAX	VIMAX		
American Funds 2040 Trgt Date Retire R6 RFGT	X RFGTX	K	Harbor Large Cap Value Retirement	HNLVX		
American Funds 2050 Trgt Date Retire R6 RFIT)	RFITX		T. Rowe Price Growth Stock I PRUFX	PRUFX		
American Funds 2060 Trgt Date Retire R6 RFUT	X RFUTX	L	Vanguard Institutional Index InstlVINIX	VINIX		
Day One IncomeFlex Target Balanced N/A	D1351	A	Dodge & Cox Balanced - I DODBX	DODBX		
Harding Loevner International Eq Instl	(HLMIX		PGIM Total Return Bond R6 PTRQX	PTRQX		
Vanguard Total Intl Stock Index AdmiralVTIA	΄ ΥΤΙΑΧ		Guaranteed Income FundN/A	D1863A		
Vanguard Real Estate Index Admiral VGSL	X VGSLX	۲ <u> </u>	MUST INDICATE WHOLE PERCENTAGES		=100%	

IncomeFlex - I should carefully read the applicable IncomeFlex Important Considerations document or Prospectus and the Investment Options at a Glance for IncomeFlex fund or portfolio performance, if I am considering investing in an IncomeFlex fund or portfolio. To obtain a copy of the disclosure, call 1-800-338-4015 or access the participant website and click on the "Investment Options" page.

Participant Acknowledgements

General Information - I understand that only certain types of distributions are eligible for rollover treatment and that it is solely my responsibility to ensure such eligibility. By signing below, I affirm that the funds I am rolling over are in fact eligible for such treatment.

I authorize these funds to be rolled over into my employer's Plan and to be invested according to the information specified in the Investment Option Information section.

If the investment option information is missing or incomplete, I authorize Service Provider to allocate the direct rollover assets ("assets") the same as my ongoing contributions (if I have an account established) or to the default investment option

Last Name	First Name	MI	Social Security Number

selected by my Plan (if I do not have an account established). If no default investment option is selected, the funds will be returned to the payor as required by law. If my assets are received more than 180 calendar days after Service Provider receives this Incoming Direct Rollover Election form (this "form"), I authorize Service Provider to allocate all monies received the same as my ongoing allocation election on file with Service Provider. I understand I must call 1-800-338-4015 or access the Web site in order to make changes or transfer monies from the default investment option. The funds will be invested on the day this completed form and the funds are received, so long as they were received prior to the close of the New York Stock Exchange. If this form and the funds are received after close of the New York Stock Exchange, I understand that my request will be processed on the next business day. I understand that this completed form must be received by Service Provider at the address below.

I understand that the current Custodian/Provider may require that I furnish additional information before processing the transaction requested on this form, and Service Provider is not responsible for determining the status of any transaction that I have requested. It is entirely my responsibility to provide the current Custodian/Provider with any information that they may require, and/or to notify Service Provider of any information that the current Custodian/Provider may wish to obtain in order to effect the transaction.

Withdrawal Restrictions - I understand that the Internal Revenue Code and/or my employer's Plan Document may impose restrictions on direct rollovers and/or distributions. I understand that I must contact the Plan Administrator, if applicable, to determine when and/or under what circumstances I am eligible to receive distributions or make direct rollovers.

Investment Options - I understand that by signing and submitting this form for processing, I am requesting to have investment options established under the Plan as specified on the first page of this form. I understand and agree that this account is subject to the terms of the Plan Document. I understand and acknowledge that all payments and account values, when based on the experience of the investment options, may not be guaranteed and may fluctuate, and, upon redemption, shares may be worth more or less than their original cost. I acknowledge that investment option information, including prospectuses, disclosure documents and Fund Profile sheets, have been made available to me and I understand the risks of investing.

Account Corrections - I understand that it is my obligation to review all confirmations and quarterly statements for discrepancies or errors. Corrections will be made only for errors which I communicate within 90 calendar days of the last calendar quarter. After this 90 days, account information shall be deemed accurate and acceptable to me. If I notify Service Provider of an error after this 90 days, the correction will only be processed from the date of notification forward and not on a retroactive basis.

Outstanding Loan Balance - An outstanding loan balance cannot be included in the rollover. However, you may pay off the outstanding loan balance *before* this rollover is submitted. After the loan is paid off, you may submit this rollover request. If you do not pay off the outstanding loan balance, you may rollover only the cash value (not including the loan) from the Plan that has the outstanding loan.

Payment Instructions

Make check payable to: Empower Trust Company, LLC

Include the following information on the check: Participant Name, Individual ID (found on account statement), Plan Number, Plan Name

Wire instructions: Account of: Empower Trust Company, LLC Bank: PNC Bank Account no: 1092207475 Routing transit no: 043000096 Attention: Financial Control Reference: Participant Name, Social Security Number, Plan Number, Plan Name Regular mail address for the check and form (if mailed together): Empower Trust Company, LLC PO BOX 826011 PHILADELPHIA, PA 19182-6011

Overnight mail address for the check and form (if mailed together): PNC Bank 525 Fellowship Rd Suite 330 Lockbox # 826011 Mt Laurel, NJ 08054-3415 Contact: Empower Phone: 1-800-338-4015

If sending the "form" only, please upload electronically to empowermyretirement.com (Click Upload Documents to submit) or follow mailing instructions above. Please remember that this form needs to arrive prior to or at the same time the funds arrive to invest according to the allocations on this form. We will not accept hand delivered forms at Express Mail addresses.

Last Name	First Name	MI	Social Security Number

Required Signatures - My signature indicates that I have read, understand the effect of my election and agree to all pages of this Incoming Direct Rollover Election form. I affirm that all information provided is true and correct.

Participant Signature

A handwritten signature is required on this form. An electronic signature will not be accepted and will result in a significant delay.

I acknowledge and agree that the Plan Administrator for the Previous Employer's Plan is released from and the Plan Administrator for the Current Employer's Plan shall assume all obligations associated with any amounts under this Incoming Direct Rollover Election form.

Authorized Plan Administrator Signature For Current Employer's Plan

A handwritten signature is required on this form. An electronic signature will not be accepted and will result in a significant delay.

Print Full Name

Participant forward to Plan Administrator **Plan Administrator** forward as shown above in the Payment Instructions section

The group variable annuity insurance products are issued through Empower Annuity Insurance Company, Hartford, CT and distributed through Empower Financial Services, Inc., (EFSI). Both are Empower companies and each organization is solely responsible for its financial condition and contractual obligations. Annuity contracts contain exclusions, limitations, reductions of benefits and terms for keeping them in force. The annuity or certain of its investment options or features may not be available in all states. Policy forms currently available include DC- 08-TGWB-2011, ALC-408-TGWB-2011-NR, ALC-408-TGWB-2011-ROTH, IND-IFX-TGWB-2013-NR, IND-IFX-TGWB-2013-ROTH or state variation thereof.

You could lose money by investing in money market investments. Although they seek to preserve the value of your investment at \$1 or \$10.00 per share (see the prospectus), there is no guarantee they will. An investment in a money market investment is not insured or guaranteed by the Federal Deposit Insurance Corporation or any other government agency. The money market investment's sponsor has no legal obligation to provide financial support to the portfolio, and you should not expect that the sponsor will provide financial support to the portfolio at any time. The yield quotation more closely reflects the current earnings of the portfolio than the total return quotation.

Date

Date

	Last Name	First Name	MI	Social Security Number	
Payroll Center Information			Payroll Center Information		
 LOCAL 1776 Weekly payroll 000001 EMPIRE KOSHER GROUP Weekly payroll 000002 Mental Health Consultants Weekly payroll 000003 		payroll 000002	9998 FORFEITURE 9999 UNASSIGNED		
Division Information		Divisio	on Information		
1 2	LOCAL 1776 - 000001 EMPIRE KOSHER GROUP - 000	002	3 9999	Mental Health Consultants - 000003 UNASSIGNED	